

## Days 1-7 Activity and Talk Guide



## Day 1 – Letter A

Verse – "All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness." 2 Timothy 3:16

Activity – Blow bubbles.

Talk – Blow bubbles with your child. Say look at the beautiful bubbles that are created when I use my breath to blow into the wand. Just when I breathed out and made the beautiful bubbles, God breathed out and made the Bible. The Bible is God's special gift to us. It is filled with messages that all point to our beautiful Savior, Jesus. 2 Timothy 3:16 tells us that the Bible helps us in 4 areas.

- Teaching The Bible teaches us about God and how to live for Him.
- Rebuking The Bible reveals to us when we are making choices that are not God's best for our lives.
- Correcting The Bible corrects us so that we can daily walk in God's ways.
- Training The Bible trains us so that our spiritual muscles are strong to face whatever life brings our way.

### Day 2 – Letter B

Verse – "Be strong and courageous. Do not be afraid for the Lord your God is with you wherever you go." Joshua 1:9

Activity – Make a Whack Goliath in the Head Craft. See instructions <u>HERE</u>.

Talk – Read the story of David and Goliath in the Bible or your favorite children's Bible. When David faced mighty Goliath, he was not afraid because He knew that God was with him. What are some "giants" in your life that make you feel afraid? How can you be strong in the Lord when facing them? Take your Whack Goliath in the Head Craft and every time the cotton ball hits Goliath, say out loud, "God is with me!"

#### Day 3 – Letter C

Verse – "Cast all your anxieties on the Lord for He cares about you." 1 Peter 5:7

Activity – Play with stickers. Say that the stickers are like our worries. They can stick to us and make us feel sad and afraid. Stick the stickers on you or your child. God wants us to stick our worries on Him. Take the stickers off of you or your child and place them on to a piece of paper with a picture of a cross drawn on it.

Talk – What worries do you have? Sometimes we worry about going to school, being alone, being in the dark, eating vegetables, going to the doctor... God wants us to take all of our



worries to Him in prayer. He cares about the things that worry us and He wants to replace our worries with His peace.

## Day 4 – Letter D

Verse – "Do all things without complaining or disputing." Philippians 2:14

Activity – Get a pile of dirty socks straight from the hamper. Make a big deal about how dirty and smelly they are. Give everyone a flashlight. Turn the lights in the room out and turn the flashlights on. Say that with Jesus we shine like a bright light every day. When we are told to do something, sometimes we want to respond with a complaint. For example, when Mommy or Daddy tells you to clean up your room or get ready for bed, you might want to argue and say, "Noooo, I don't want to!" Every time we respond that way, it's like putting a dirty sock on our beautiful shining light. Cover the flashlight with a dirty sock. Give different examples of times when your children might complain or argue and alternatively remove the sock and place it back for each example. When the flashlight is covered have the kids do their best whining. When it is shining bright have them say praises to God or cheerful responses like, "Yes, Mommy!" or "I will share my toy with you, brother!"

Talk – When we choose to obey and respond cheerfully without complaining or arguing, we will shine brightly! Think about Mary from the Christmas story. When the angel came to her and told her that she would have a baby it meant that her life was going to turn upside down! Instead of complaining, arguing, or being fearful, Mary simply responded, *"May it be to me as you have said."* Such humble obedience! Ultimately, Jesus is the greatest example of someone who humbly obeyed as He went to the cross to die for our sins. He did what He needed to do because of His great love for God and His people. No dirty socks in sight!

# Day 5 – Letter E

Verse – "Encourage one another and build each other up." 1 Thessalonians 5:17

Activity – Play with blocks.

Talk – Build a tower of blocks with your child using this illustration. Have your child say something kind about you or a sibling. Every time your child says something kind, add a block to the tower. Once the tower is built, talk about what would happen if something unkind is said. Then knock the tower over. God's best is when we build people into tall, strong towers – not tear them down. Make a card for someone and fill it with encouraging words!

## Day 6 – Letter F

Verse – *"For God so loved the world that He gave His only Son that whosoever believes in Him, will not perish, but have everlasting life."* John 3:16



Activity – Print <u>THIS</u> and cut out the Jesus and the world images. Hide the world picture somewhere in the room. Give your child the Jesus and tell your child that Jesus needs to find the world because He loves the world and came to save it! When your child finds the world, recite John 3:16 together.

Talk – John 3:16 is the Gospel in a nutshell. Gospel means the "Good News." Call someone and tell them the Good News that Jesus died for them and loves them very much!

### Day 7 – Letter G

Verse – *"Give thanks to the Lord for He is good. His love endures forever."* Psalm 136:1

Activity – Play THIS Scripture Scavenger Hunt.

Talk – The Bible tells us to give thanks because HE is good. This means that even if our circumstances are not good, we can still give thanks because HE is good. Acts 16:16-40 tells of a story when Paul was thrown into jail, even though he had not done anything wrong. Instead of complaining about his circumstance, he began to sing! While he was singing, God sent an earthquake that caused all of his chains to fall off and all of the prison doors to fling open! Have you ever felt like you were in a tough situation and it was hard to give thanks? Maybe you did not get the toy you wanted or you got sick on the day of your piano recital. When we practice giving thanks to God for who He is and not just when things are going great for us, we learn what true worship looks like. The next time you are tempted to complain about something, sing this verse out loud – like Paul!

