



Delish Dinners

Between after school activities and needs some easy prep meal ideas

Ar GOOD JOB

Catalina Chicken Bake



Ingredients: 6 small boneless skinless chicken breast halves ($\approx 1\frac{1}{2}$ lb.); $\frac{1}{2}$ cup Catalina dressing; $\frac{1}{2}$ cup apricot jam; $\frac{1}{2}$ pkg. dry onion soup mix (≈ 3 T).

Directions: Mix dressing, jam & soup mix in small bowl. Place chicken in a 3-qt. baking dish. Pour sauce over chicken. Bake @ 350° for about an hour until cooked through.

Serve with rice & tossed green salad.

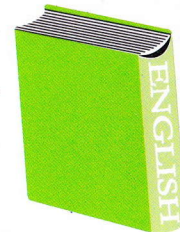
back to SCHOOL

Easy Peasng Meatloaf



Ingredients: 2 lbs lean ground beef; 1 cup water; 1 pkg (6 oz) Stove Top Stuffing Mix; 2 eggs, beaten; $\frac{1}{4}$ cup bbq sauce + $\frac{1}{4}$ cup more. Directions: Mix

beef, water, stuffing, eggs & bbq sauce. Shape meat mixture into oval loaf and place in 9×13 dish. Top with more bbq sauce. Bake @ 375° for 1 hour or until center is no longer pink.



S in a Dash!!

homework, every Happy Home! Sure to please!!

SUPER

Swiss Chicken Casserole

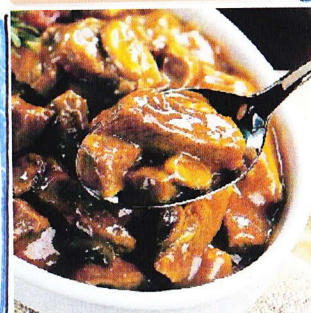


Ingredients: 6 boneless, skinless chicken breast halves; 6 slices Swiss cheese; 1 can cream of chicken soup; $\frac{1}{2}$ cup milk; 1 box (6 oz) Stove Top Stuffing Mix; $\frac{1}{4}$ cup melted butter.

Directions: Place chicken in a greased 9×13 dish. Put a slice of Swiss cheese on top of each piece of chicken. Mix soup & milk and pour over chicken. Sprinkle with dry stuffing mix. Pour melted butter on top. Cover with foil. Bake @ 350° for 50 minutes.

FIRST DAY

Slow Cooker Beef Stew



Ingredients: 1-1 $\frac{1}{2}$ lbs stew meat; 1 envelope Lipton onion soup mix; 1 can cream of mushroom soup; $\frac{1}{2}$ cup red cooking wine; $\frac{1}{2}$ lb. fresh mushrooms. Directions: Mix everything in a slow cooker and cook for 4-6 hours on HIGH

or 7+ hours on LOW. Serve over egg noodles.

Easy Peasy Yum!